

# Local Community Resources and National Crisis Support



**Denton County Public Health**  
FREE COVID Vaccine Interest Portal and COVID-19 Hotline

(940) 349-2585

**Denton County SPAN and Meals on Wheels**  
FREE rides to COVID-19 vaccine appointment in Denton County; senior discount transit fares, Meals and Wheels

(940) 382-1900

**Texas COVID-19 Mental Health Support Line**  
Speak with a mental health professional 24/7 for COVID-19 anxiety, grief, depression and more.

(833) 986-1919

**Denton MHMR Mobile Crisis Outreach Team**  
provides face-to-face assessments for any individual in psychiatric crisis in Denton County.

(800) 762-0157

**United Way of Denton County** helps connect people in Denton County with social services and more.

(940) 566-2688

**Monsignor King Outreach Center & Our Daily Bread** serve together as **The Junction**. For shelter, call (940) 268-2968, and for meals, call (940) 566-1308.

(940) 268-2968

**Serve Denton** partners with nonprofits to help make their services more accessible for people in need.

(940) 735-3234

**Denton Salvation Army** is an emergency night shelter, food pantry, social service center soup kitchen, & church.

(940) 566-3800

**Need some help and don't know who to call?** We can help with food assistance, housing, shelter, mental health services, aging, disability, health services, and more.

Connecting People and Services

**Text HOME to 741741 to reach a Crisis Counselor**  
Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support via text.

**CRISIS TEXT LINE**  
Text HOME to 741741

**The Veterans Crisis Line is a free, confidential resource available to any Veteran by phone (800) 273-8255 (Press 1) or text HOME to 838255.**

(800) 273-8255

**The Lifeline is confidential and free for everyone.** Nacional de Prevención del Suicidio 1-888-628-9454. **Text NAMI 741-741.**

(800) 273-8255